

### Department of Education

REGION IX, ZAMBOANGA PENINSULA SCHOOLS DIVISION OF DAPITAN CITY

Office of the Schools Division Superintendent

September 9, 2025

DIVISION MEMORANDUM No. 405 S. 2025

#### DIVISION MENTAL HEALTH PSYCHOSOCIAL SUPPORT AND WELLNESS FOR LEARNERS

TO: Assistant Schools Division Superintendent
Chief Education Supervisors (SGOD&CID)
Principal In- Charge of the District
School Health Section Personnel
Guidance Advocates (Secondary)
Guidance Counselor
All Concerned Personnel
This Division

- Pursuant to Republic Act No. 11036, or the Mental Health Act, the Schools Division of Dapitan City, School Governance and Operations Division – School Health Section will conduct its **Division Mental Health Psychosocial Support and Wellness for Learners**, ( see Attached the List of Participants) on September 25-26, 2025 at Manuel Resort, Pinan, Zamboanga del Norte.
- 2. This training aims to:
  - a. Gain understanding of common Mental Health disorders, their symptoms, and their impact on individuals, families and communities;
  - b. Recognize the importance of mental-well-being as an essential component of overall health.
  - c. Learn strategies to promote mental wellness;
  - d. Identify risk factors and warning signs of suicide, including mental health conditions, life stressors and behavioral changes and understanding how to cope-up from those risks.
  - e. Know the different types of psychosocial support available, including pee support, counseling and community resources and understanding hoe these support system can improve emotional resilience and well-being.
- 3. This activity is a live-in training. The accommodation will be at Manuel Resort. Checkin is on September 25, 2025 at 2:00 p.m. Check-out is on September 26, 2025 at 12:00 n.n. Registration will start at 10:00 a.m. on September 25, 2025. First Meal-Lunch (September 2025) Last Meal- Breakfast (September 26, 2025) The Opening Program will start at 2:00 p.m. on September 25, 2025.
- 4. Immediate dissemination of this memorandum is desired.

JAY S. MONTEALTO, EdD, JD, CESO VI Schools Division Superintendent







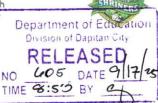


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Annex A - List of Participants

No.	Learners	School
1.	Champagne Sagpatan	Dapitan City National High School
2.	Angel Ocao	
3.	Pauline Mohametano	
4.	Jean Pelarca	
5.	Rey Aguilor	
6.	Hannah Jatico	
7.	Venice Galleposo	
8.	Khayden Carreiv Bama	
9.	John Michael Balucan	
10.	Josh Sales	
11.	Angel T. Javierto	Barcelona NHS
12.	EL J. Baracho	
13.	Ellaine Bait-it	
14.	Ejay D. Macasandag	Ilaya NHS
15.	Jerick C. Cabilin	
16.	Gio Marlo Acaylar	Sulangon NHS
17.	Franc Cedric Bayron	
18.	Ma. Jel J. Elcamel	
9.	Michaela A. Baconga	Oro NHS
20.	Christian Tumapon	
21.	Ma. Jel Elcamel	
2.	Alexander Gallemit	Potungan NHS

















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23.	Novie Aborque	
24.	Hoshiah Shammah Y. Oreda	Aseniero NHS
	Learners	School
25.	Jobela R. Icao	
26.	Venus Socorro A. Gomez	Baylimango NHS
27.	Sherie L. Insong	
28.	Bianca P. Sanoria	
29.	Jenaica B. Atay	Oro NHS, Napo Extension
30.	Jacob P. Basas	
31.	Glori Jabes Maghanoy	Selinog IS
32.	Angel Marie S. Perez	Guimputlan IS
33.	Elvier P. Abajar	Sigayan SS
34.	Dianne Marie M. Balisco	San Pedro IS
35.	Aljen Catamora	Talisay IS
36.	Roxan Jane M. Pausal	Dakak NHS
37.	Hannah Jane B.Pelinggo	
38.	Janna Miah Lactuan	Kauswagan IS
39.	Juztine Agbay	Potungan NHS
40.	John Lloyd Dinaguit	Ilaya NHS
41.	Danilo Santiago	Division Youth Formation Focal
42.	Marita S. Gaburno, RN	Division Mental Health Focal -
43.	Jocelyn Febra P. Calipusan	Speaker Guidance Counselor – Sulangon
44.	Leopoldo G. Pacaro Jr.	NHS Guidance Advocate – Ilaya NHS
45.	Joseph Eleazar A. Cabilin	Guidance Advocate – Oro NHS
46.	Eden C. Ulat	Guidance Advocate – Aseniero NHS











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47.	Charis E. Acoymo	Guidance Advocate - DCNHS
48.	Sylvia B. Sumondong, Ph.D, LPT, RGC	Speaker
49.	Camille S. Gaburno	PMT - AO II - Yabu ES
50.	Anna Prees A. Mangubat	PMT - PDO II - DCCS















