



Republic of the Philippines  
Department of Education  
REGION IX, ZAMBOANGA PENINSULA  
SCHOOLS DIVISION OF DAPITAN CITY

Office of the Schools Division Superintendent

September 9, 2025

DIVISION MEMORANDUM  
No. 405 S. 2025

**DIVISION MENTAL HEALTH PSYCHOSOCIAL SUPPORT AND WELLNESS FOR LEARNERS**

TO: Assistant Schools Division Superintendent  
Chief Education Supervisors (SGOD&CID)  
Principal In- Charge of the District  
School Health Section Personnel  
Guidance Advocates (Secondary)  
Guidance Counselor  
All Concerned Personnel  
This Division

1. Pursuant to Republic Act No. 11036, or the Mental Health Act, the Schools Division of Dapitan City, School Governance and Operations Division – School Health Section will conduct its **Division Mental Health Psychosocial Support and Wellness for Learners**, ( see Attached the List of Participants) on September 25-26, 2025 at Manuel Resort, Pinan, Zamboanga del Norte.
2. This training aims to:
  - a. Gain understanding of common Mental Health disorders, their symptoms, and their impact on individuals, families and communities;
  - b. Recognize the importance of mental-well-being as an essential component of overall health.
  - c. Learn strategies to promote mental wellness;
  - d. Identify risk factors and warning signs of suicide, including mental health conditions, life stressors and behavioral changes and understanding how to cope-up from those risks.
  - e. Know the different types of psychosocial support available, including pee support, counseling and community resources and understanding hoe these support system can improve emotional resilience and well-being.
3. **This activity is a live-in training. The accommodation will be at Manuel Resort. Check-in is on September 25, 2025 at 2:00 p.m. Check-out is on September 26, 2025 at 12:00 n.n. Registration will start at 10:00 a.m. on September 25, 2025. First Meal- Lunch (September 2025) Last Meal- Breakfast ( September 26, 2025) The Opening Program will start at 2:00 p.m. on September 25, 2025.**
4. Immediate dissemination of this memorandum is desired.

JAY S. MONTEALTO, EdD, JD, CESO VI  
Schools Division Superintendent



Sunset Boulevard, Dawo, 7101 Dapitan City  
0912-617-7243  
www.depeddapitancity.net  
dapitancity@deped.gov.ph  
fb.com/DepEdDapitanCity





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Annex A – List of Participants

LIST OF PARTICIPANTS – MENTAL HEALTH PSYCHOSOCIAL SUPPORT AND WELLNESS FOR LEARNERS		
No.	Learners	School
1.	Champagne Sagpatan	Dapitan City National High School
2.	Angel Ocao	
3.	Pauline Mohametano	
4.	Jean Pelarca	
5.	Rey Aguilor	
6.	Hannah Jatico	
7.	Venice Galleposo	
8.	Khayden Carreiv Bama	
9.	John Michael Balucan	
10.	Josh Sales	
11.	Angel T. Javierto	Barcelona NHS
12.	EL J. Baracho	
13.	Ellaine Bait-it	
14.	Ejay D. Macasandag	Ilaya NHS
15.	Jerick C. Cabilin	
16.	Gio Marlo Acaylar	Sulangon NHS
17.	Franc Cedric Bayron	
18.	Ma. Jel J. Elcamel	
19.	Michaela A. Baconga	Oro NHS
20.	Christian Tumapon	
21.	Ma. Jel Elcamel	
22.	Alexander Gallemmit	Potungan NHS



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23.	Novie Aborque		
24.	Hoshiah Shammah Y. Oreda	Aseniero NHS	
	Learners	School	
25.	Jobela R. Icao		
26.	Venus Socorro A. Gomez	Baylimango NHS	
27.	Sherie L. Insong		
28.	Bianca P. Sanoria		
29.	Jenaica B. Atay	Oro NHS, Napo Extension	
30.	Jacob P. Basas		
31.	Glori Jabes Maghanoy	Selinog IS	
32.	Angel Marie S. Perez	Guimputlan IS	
33.	Elvier P. Abajar	Sigayan SS	
34.	Dianne Marie M. Balisco	San Pedro IS	
35.	Aljen Catamora	Talisay IS	
36.	Roxan Jane M. Pausal	Dakak NHS	
37.	Hannah Jane B.Pelinggo		
38.	Janna Miah Lactuan	Kauswagan IS	
39.	Juztine Agbay	Potungan NHS	
40.	John Lloyd Dinaguit	Ilaya NHS	
41.	Danilo Santiago	Division Youth Formation Focal	
42.	Marita S. Gaburno, RN	Division Mental Health Focal - Speaker	
43.	Jocelyn Febra P. Calipusan	Guidance Counselor – Sulangon NHS	
44.	Leopoldo G. Pacaro Jr.	Guidance Advocate – Ilaya NHS	
45.	Joseph Eleazar A. Cabilin	Guidance Advocate – Oro NHS	
46.	Eden C. Ulat	Guidance Advocate – Aseniero NHS	



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47.	Charis E. Acoymo	Guidance Advocate - DCNHS
48.	Sylvia B. Sumondong, Ph.D, LPT, RGC	Speaker
49.	Camille S. Gaburno	PMT – AO II - Yabu ES
50.	Anna Prees A. Mangubat	PMT – PDO II - DCCS



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