



Republic of the Philippines  
**Department of Education**  
REGION IX, ZAMBOANGA PENINSULA  
SCHOOLS DIVISION OF DAPITAN CITY

March 18, 2025

DIVISION MEMORANDUM  
NO. 193, s. 2025

**ANNUAL PHYSICAL EXAMINATION OF DEPED EMPLOYEES  
(TEACHING AND NON-TEACHING PERSONNEL)**

To: Chief CID & SGOD  
Education Program Supervisors  
Public School District Supervisors  
Public Elementary and Secondary School Heads  
School Health Personnel  
All Others Concerned

1. Pursuant to DepEd Memo. No. 22 s. 2015 and in compliance with Civil Service Commission Memorandum Circular No. 17 s. 1989 all government employees are required to undergo the Annual Physical Examination.
2. Listed below are the different diagnostic examinations to be complied by the teaching and non-teaching employees of this Division, to wit:
  - a. Chest X-ray (as recommended by the physician)
  - b. Urinalysis
  - c. CBC (Complete Blood Count)
  - d. FBS (Fasting Blood Sugar)
  - e. Lipid Profile
2. All results shall be attached to CS. Form 86 to be signed by any government physician for medical clearance. This will be submitted to District/ School Nurses for consolidation on or before April 18, 2025.
4. The Annual Physical Examination is required to monitor the health status of employees.
5. Widest dissemination of this memorandum is desired.



  
FELIX ROMY A. TRIAMBULO, CESO V  
Schools Division Superintendent



Sunset Boulevard, Dawo, 7101 Dapitan City  
(065) 917-5113  
dapitancity@deped.gov.ph  
www.depeddapitancity.net fb.com/DepEdDapitanCity

