



Republic of the Philippines
Department of Education
REGION IX

SCHOOLS DIVISION OF DAPITAN CITY

Office of the Schools Division
Superintendent

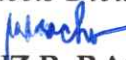
DIVISION MEMORANDUM

No. 87 s. 2022

TO: All Division Office Personnel
All Elementary and Secondary School Heads
All Teaching and Non-Teaching DepEd Personnel
All others concerned

FROM: FELIX ROMY A. TRIAMBULO, CESO V
Schools Division Superintendent

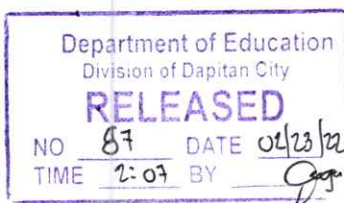
For the Schools Division Superintendent:


LUNA LUZ B. RACHO, EdD
Education Program Supervisor
Officer-In-Charge
Office of the Schools Division Superintendent

SUBJECT: WOMEN'S MONTH CELEBRATION

DATE: February 23, 2022

- In line with the PCW Memo Circular No. 2022-01, s. 2022, this Division joins the entire nation in celebrating the **2022 National Women's Month** from March 1 to 31, 2022 with the multi-year theme, "*We Make Change Work for Women*" and this year's sub-theme "*Agenda ng Kababaihan, Tungo sa Kaunlaran*".
- The Division Office and the Division GAD Advocates Association with the Schools GAD Focal Point System will hold the following activities for this month-long celebration:
 - Display of the official 2022 NWMC banner – March 1, 2022
 - Opening Program and #Serbisyo para kay Juana Virtual Marathon Year 2 Kick-off (March 7, 2022)
 - School-based distribution of IECs/ info-brochures
 - Division wide weekly virtual livestreaming every 2:00 pm of "**Juana Talks**" by select DepEd Dapitan Women and other stakeholders to create awareness on the ff: Women Empowerment (March 4); Women's Wellness and Health Forum (March 11); Magna Carta and other Laws for Women (March 18); Role of Women in Education (March 25)



Address: Sunset Boulevard, Dawo, Dapitan City
Telephone No.: (65) 908-8242 Fax No.: (65) 908-8361
Website: www.depeddapitan.net Email Address: dapitancity@deped.gov.ph



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- #PurpleTuesdays campaign – wearing of purple attire and accessories by all employees and stakeholders
 - Raffle Tickets for NWMC organized by the GAD Advocates Association
 - Virtual Closing Program and awarding (March 31, 2022)
 - Collaterals for the campaign can be downloaded from this link <https://pcw.gov.ph/2022-national-womens-month-celebration/>
3. Participants to this activity are all DepEd-Dapitan City teaching and non-teaching personnel.
 4. Expenses relative to the conduct of the activity are chargeable against Division and School GAD Funds/MOOE subject to the usual accounting and auditing rules and regulations.
 5. Immediate dissemination and compliance of this Memorandum is desired.



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**Mechanics for
 Serbisyo Para kay Juana Virtual Marathon Year 2:
 'Coz Juana Cares, We Care, Let Every Juan Care**


*A Virtual Marathon for the Benefit of Female Employees Suffering from Critical Illnesses
 and Fitness Program for the Employees of DepEd-Dapitan City
 (Kick-off on March 7, 2022)*

1. All DepEd Employees, teaching and non-teaching are enjoined to participate. Other people outside the agency can also participate. They can coordinate with the school GAD coordinator in their area.
2. Each participant will choose what level of the marathon they are going to join.

Level/KM	Approx. Steps	Estimated Number of Days to Finish (If based on plain walking /10,000 steps/day)
5K	6562	Less than a day (1.5 hrs max)
10K	13123	A day and a half
21K	27559	3 to 5 days
42K	55118	5 to 7 days

- How many steps should you take a day? A 2011 study found that healthy adults can take anywhere between approximately 4,000 and 18,000 steps/day, and that **10,000 steps/day** is a reasonable target for healthy adults (Source: <https://www.healthline.com/health/how-many-steps-a-day#Why-10,000-steps?>)
- All results will be consolidated to achieve the approximated steps - refer to the estimated number of days to finish

3. Participants can choose the following marathon packages.

Amount	What can you receive?	Additional Accessories/Freebies
Php. 50.00	e-Certificate	none
Php. 100.00	e-Certificate	Alcohol spray bottle keychain with NWMC sticker <i>sample</i> 
Php. 150.00	e-Certificate	Alcohol spray bottle keychain with NWMC




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		<p>sticker and silicone rubber band sample</p> 
Php. 500.00	e-certificate	<p>Alcohol spray bottle keychain with NWMC sticker and silicone rubber band and Virtual Run Finisher t-shirt (white subli with print) design will be out soon</p>

Participants shall coordinate with the GAD Coordinator for the virtual application to be used for them to document their progress.

Suggested application: Just go to Google's Playstore or Apple's App Store and download for free

<https://play.google.com/store/apps/details?id=steptracker.healthandfitness.walkingtracker.pedometer&hl=en&gl=US>



Step Tracker - Pedometer Free & Calorie Tracker

Leap Fitness Group Health & Fitness

★★★★★ 240,531

Everyone

Contains Ads - Offers in-app purchases

This app is available for your device

- Send to your nearest GAD coordinator weekly the daily screenshots of your distance/steps achieved for tabulation.
- All proceeds of the marathon less expenses for the activity collaterals shall be equally distributed to the DepEd women employees of Dapitan who are now undergoing for critical illness treatment duly identified by the Health personnel led by Mr. Gwilym Elumba.



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2022 National Women's Month Celebration
Opening Program
 March 7, 2022 @ 8:30 am via FB Live

- PRELIMINARIES**
 - NATIONAL ANTHEM
 - GAD ADVOCATES PRAYER
 - PANUNUMPA NG KATAPATAN SA WATAWAT NG PILIPINAS
 - PANUNUMPA NG KAWANI NG GOBYERNO
 - REGIONAL HYMN
- WELCOME MESSAGE**
 FELIX ROMY A. TRIAMBULO, CESO V
 DIVISION SUPERINTENDENT
- KEYNOTE MESSAGE ON THE 2022 NATIONAL WOMEN'S MONTH CELEBRATION**
 ATTY. KRISTINE ROSARY E. YUZON-CHAVES
 EXECUTIVE DIRECTOR
 PHILIPPINE COMMISSION ON WOMEN
- ON THE 2022 THEME: AGENDA NG KABABAIHAN, TUNGO SA KAUNLARAN**
 FLORENCE SANTIAGO-GALLEMIT
 EDUCATION PROGRAM SUPERVISOR
 DIVISION GAD FOCAL PERSON
- SOLIDARITY MESSAGES**
 - ASDS OLIVER B. TALAOC, EDD
 - CID CHIEF ELLA GRACE M. TAGUPA, EDD
 - SGOD CHIEF SHERLITO E. SAGAPSAPAN
 - PSDS ELSA Q. ARANAS
 - PSDS JOY CAGBABANUA
 - PSDS JIMMY GAHUMAN
 - PICD JOSE C. OVERA
 - PICD BELEM R. TALIC
 - PICD CRISTINA Z. VILLORIA
- 2022 NATIONAL WOMEN'S MONTH ACTIVITIES**
 CECILIA P. CABANLIT
 TEACHER III I DAKAK NHS
 PRESIDENT GAD COORDINATORS' ASSOCIATION
- FITNESS ESSENTIALS**
 JEPHONE P. YORONG, EDD
 EDUCATION PROGRAM SUPERVISOR
 HEALTH ADVOCATE

HOSTED BY
 CLAIR C. LABISIG
 Teacher III,
 Taguillon ES



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