





Republic of the Philippines
Department of Education
 REGION IX
 SCHOOLS DIVISION OF DAPITAN CITY

Division Memorandum

No. 53 s. 2022

To: Chiefs, CID and SGOD
 All Education Program Supervisor
 All Heads of Elementary and Secondary Schools
 All Teaching and Non-Teaching personnel
 This Division

FROM: 
 FELIX ROMY A. TRIAMBULO, CESO V
 Schools Division Superintendent 

Subject: Cascading of the Galaw Pilipinas: The Deped National Calisthenics Exercise Program

Date: February 7, 2022

- Pursuant to DepEd Order No. 060, s. 2021, this division will conduct an orientation on the Galaw Pilipinas Calisthenics Exercise to be held on February 14-17, 2022 in different venues:

February 14, 2022

| District /High School | Venue | Time |
|---------------------------------------------------|-----------------------------|----------------------|
| Potungan District Potungan NHS Aseniero NHS | Potungan NHS Covered Court | 8:00 AM – 12:00 Noon |
| Barcelona District Barcelona NHS Ilaya NHS | Barcelona NHS Covered Court | 1:00 PM – 5:00 PM |

February 15, 2022


| | | |
|----------------------------------------------|---------------------------------------|---------------------|
| Sulalong District Sulalong NHS | Sulalong Central School Covered Court | 8:00AM – 12:00 Noon |
| Dapitan Central District Dapitan City NHS | Dapitan City NHS Covered Court | 1:00PM – 5:00 PM |

February 16, 2022

| | | |
|---------------------------------------|-----------------------------------------|----------------------|
| Baylimango District Baylimango NHS | Baylimango Central School Covered Court | 8:00 AM – 12:00 Noon |
| Taguilon District Dakak NHS | Taguilon ES Covered Court | 1:00 PM – 5:00PM |

Department of Education
 Division of Dapitan City

RELEASED

NO 53 DATE 07/08/2022
 TIME 5:12 BY 



Address: Sunset Boulevard, Dawo, Dapitan City
 Telephone No.: (65) 908-8242 Fax No.: (65) 908-8361
 Website: www.depeddapitan.net Email Address: dapitancity@deped.gov.ph



Republic of the Philippines
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February 17, 2022

| | | |
|---------------|------------------------------------|--------------------|
| OSDS CID | Division Office Conference Hall | 8:00 AM-12:00 Noon |
| SGOD Admin | Division Office Conference Hall | 1:00 PM – 5:00 PM |

2. All schools shall send 3 MAPEH teachers to participate in the above-scheduled orientation. All participants are advised to wear comfortable sports attire.
3. The following teachers who are trained in the Regional Galaw Pilipinas Orientation Workshop shall facilitate in the Division-wide cascading. A meeting and practice of the facilitators shall be held on Thursday at 9:00 AM at Dapitan City National High School Covered Court, they are:
 1. Edgardo P. Jamilar, Jr. - Dapitan City Exp. ES
 2. Richie G. Baes - Sto. Nino ES
 3. Mary Joyce July B. Galleposo - Dapitan City Central School
 4. Georie O. Andilab - Taguilon ES
 5. Mac Alfred B. Malacat - Dapitan City NHS
 6. Ellem N. Antivo - Dapitan City NHS
 7. Minerva G. Paler - Dapitan City NHS
 8. Ren Markhem A. Sumaylo - Potungan NHS
 9. Christine Jane R. Kho - Aseniero NHS
 10. Janhoo S. Verano - Barcelona NHS
4. The Host Schools as venues of the said event shall provide the needed sound system to be used during the orientation workshop.
5. Widest and immediate dissemination of this memorandum is desired.

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