



Republic of the Philippines
Department of Education
REGION IX
SCHOOLS DIVISION OF DAPITAN CITY

DIVISION MEMORANDUM

No. 100 s. 2022

TO : ASST. SCHOOLS DIVISION SUPERINTENDENT
CHIEF EDUCATION SUPERVISORS (CID & SGOD)
PUBLIC SCHOOLS DISTRICT SUPERVISORS
ELEM. & SEC. SCHOOL HEADS
ADMINISTRATIVE OFFICER V
ALL OTHERS CONCERNED
This Division

FROM : FELIX ROMY A. TRIAMBULO, CESO V
Schools Division Superintendent

SUBJECT : MENTAL HEALTH: STRESS MANAGEMENT WEBINAR TO THE
NON-TEACHING PERSONNEL

DATE : MARCH 2, 2022

The Schools Division of Dapitan City through the Human Resource Development Section, School Governance and Operations Division (HRDS-SGOD) will conduct "**Mental Health: Stress Management Webinar**" to the non-teaching personnel in the division proper and in the schools on **March 9-10, 2022** via Zoom Platform.

The objective of this activity is to provide the participants with knowledge and skills to manage their time and plan their personal development. In this way, the goal of having a work-life balance among participants is also achieved.

The participants of this activity are the non-teaching personnel in the division proper and in school. (see list of participants in Annex A.)

The identified participants in the attached list are instructed to accomplish the Google Form and access at: <http://bit.ly/StressManagesSeminarRegistration> for the online registration on or before March 7, 2022 up to 5:00 PM.

Honorarium of the speakers, meals and snacks, and other expenses during this activity shall be charged against 2021 OPDNTP Fund.

For queries, you may contact Michelle V. Torres, SEPS-HRDS, SGOD with Cellphone No. 09982945472.

Immediate dissemination of and strict compliance with this Memorandum is desired

SCOD-HRD-DM-2022-03-02



Address: Sunset Boulevard, Dawo, Dapitan City
Telephone No.: (65) 908-8242
Website: www.depeddapitan.net

Fax No.: (65) 908-8361
Email Address: dapitancity@deped.gov.ph

Department of Education Division of Dapitan City	
RELEASED	
NO. 100	DATE 03/07/2022
TIME 9:41	BY [Signature]



Republic of the Philippines
Department of Education
REGION IX
SCHOOLS DIVISION OF DAPITAN CITY

Annex A

List of Participants

#	Name	Position
1	Acoymo, Catherine Valles	Administrative Assistant II - 08
2	Andos, Jenrose G.	Admin.Ass. ii / Disbursing Officer
3	Bacatan, Nardelle Tonaco	Nurse I - 15
4	Bael, Anna Leizel D	Administrative Assistant II - 08
5	Borbon Beverly Ann Isidro	Disbursing Officer II
6	Cagandahan, Charmaine Marie Santander	Administrative Assistant III - 09
7	Calipusan, Jocelyn Febra	Guidance Counselor I
8	Caylaluad, Aljenn D.	Administrative Assistant II
9	Duhaylungsod, Joan Jaralve	Administrative Assistant II
10	Elumba, Gwilym Cabilin	Nurse I - 15
11	Elumbaring, Grace Bagalanon	Administrative Assistant III - 09
12	Elumbaring, Mariel Pagarido	Administrative Assistant III - 09
13	Esmade, Cariza R.	Guidance Coordinator III
14	Gaburno, Marita Saldon	Nurse I – 15
15	Galan, Mary Rose Cunanan	Nurse I – 15
16	Gemperoso, Silvan Elmer Saguin	Nurse I – 15
17	Jaralve, Junnefe Credo	Administrative Aide VI - 06
18	Jumalon, Jeffrey Gahisan	Administrative Assistant II - 08
19	Jumuad, Marielle C.	Administrative Aide VI
20	Ladista, Jenelyn Ibañez	Disbursing Officer II - 08
21	Luang, Nerissa	Senior Bookkeeper
22	Macapañas, Jhonalyn Dondoyano	Administrative Assistant III - 09
23	Magtuba, Ranil Labisig	Administrative Assistant II - 08
24	Martillano, Joyce	Nurse II
25	Medija, Marie D.	Administrative Assistant III
26	Mendiola, Nathaniel Acaylar	Administrative Assistant II - 08
27	Montecalvo, Carleen Omilig	Administrative Assistant III - 09
28	Onganiza, Junry B.	Administrative Officer II
29	Page, Elvie Hampac	Nurse I - 15 (Ct)
30	Paguntalan, Ruby V	Administrative Officer II
31	Potoy, Janen O.	Adas III
32	Quiñal, Geraldine P.	Administrative Assistant II
33	Racho, Edilberto Ricablanca	Administrative Assistant II - 08
34	Realiza, Alma R.	Admin. Assistant II/ D. O.
35	Recamara, Mark B.	Administrative Assistant III
36	Rojo, Leopoldo J Jr	Administrative Assistant 3
37	Rosales, Ma. Chona Bait-It	Administrative Assistant III - 09
38	Sarmiento, Jerene Etoc	Administrative Assistant II- 08
39	Sellote, Jillfilse J.	Disbursing Officer II
40	Tome, Enierose Cadano	Registrar I – 11



Address: Sunset Boulevard, Dawo, Dapitan City **SGOD-HRD-DM-2022**
Telephone No.: (65) 908-8242 **Fax No.:** (65) 908-8361
Website: www.depeddapitan.net **Email Address:** dapitancity@deped.gov.ph