



Republic of the Philippines
Department of Education
REGION IX, ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DAPITAN CITY

Office of the Schools Division Superintendent

June 1, 2026

DIVISION MEMORANDUM
No. 28, s.2026

GUIDELINES ON THE CONDUCT OF BASELINE HEIGHT, WEIGHT AND BODY MASS INDEX (BMI) ASSESSMENT OF LEARNERS FOR SY 2026-2027

To: Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
PICD/Public Schools District Supervisors
School Health Personnel
Public Elementary School and Secondary School Heads
Class Advisers/MAPEH Teachers
School Feeding Coordinators
All Others Concerned

1. Pursuant to Deped Order No. 009 s. 2026 – **Guidelines on the Implementation of the Three-Term School Calendar in Basic Education dated April 16, 2026**, designating June 8-11, 2026 as the Opening block, the Division of Dapitan City issues the guidelines on the conduct of baseline height, weight, and Body Mass Index (BMI) assessment of learners to align with learner profiling and preparatory activities for School Year 2026-2027.
2. In support of the implementation of School-Based Feeding Program, Learners Health Assessment and Screening, (LHAS), and others school health and nutrition interventions, all public elementary and secondary schools are directed to conduct the baseline nutritional assessment of all learners through height and weight measurement and BMI computation.
3. Pursuant to DO 58, s. 2017 – **Adoption of New School Forms for Kindergarten, Senior High School, Alternative Learning System, Health and Nutrition and Standardization of Permanent Records**, at the beginning of the school year, the Class Adviser or MAPEH Teacher, with the assistance of the School Nurse (if any) shall conduct actual measurement of height and weight of learner to calculate the Body Mass Index (BMI).
4. School Heads shall oversee and ensure the conduct of height and weight measurement and BMI assessment of learners and may designate appropriate teaching and non-teaching personnel to assist in the implementation, taking into consideration the school context, class organization, availability of personnel and operational efficiency.



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5. The following schedule of shall be observed:

Activity	Period
Height and Weight Taking and BMI computation	June 8-11,2026
Consolidation and Validation of Data	June 15-30, 2026
Submission of Consolidated Nutritional Status Report to School Division Office	On or before July 3, 2026

6. For more clarification, you may contact Gwilym C. Elumba, Nurse II through mobile number 09126879529.

7. Immediate dissemination and strict compliance with this Memorandum is desired

JAY S. MONTEALTO, CESO V
Schools Division Superintendent

